



# **NEWINGTON HIGH SCHOOL ATHLETICS**

## **FALL SPORT REGISTRATION**

***Fall sports begin on Monday, August 24, 2026  
(Boys Golf - 8/10 & Football -8/13)***

### **WHAT DO I NEED TO DO?**

#### **☐ CHECK YOUR ELIGIBILITY**

##### **1.) Academic Eligibility:**

- Student-athletes must have earned **FOUR (4)** credits towards their graduation requirements during the previous school year.
- The Y1 grade is the standard, **not the 4<sup>th</sup> quarter grade**.
- All students entering 9<sup>th</sup> grade are eligible for the start of the fall athletic season.

##### **2.) Physical Eligibility:**

- For a fall sport, a physical must be from July 10, 2025 or more recent **and** be on file with the nurses' office PRIOR to Thursday, August 6<sup>th</sup> for Football & Golf and Thursday, August 20<sup>th</sup> for all other sports. Forms should be mailed to: Newington High School, ATTN: Nurse, 605 Willard Ave, Newington, CT 06111 or handed into the main office.
- You must use the State of Connecticut Health Assessment Record 'HAR-3 Rev. 4/2012' (blue form) for a physical. It is available at the high school, your doctor's office, or on the Newington Athletics website.
- The physician must 'check' the box on that blue form that states, "This student may participate fully in athletic activities and competitive sports."

### **I AM ELIGIBLE, WHAT'S NEXT?**

#### **☐ ALL 3 ITEMS BELOW MUST BE COMPLETED BETWEEN July 27–AUGUST 20, 2026 (SUBJECT TO CHANGE)**

*(Football & Golf registrations must be completed by August 6, 2026 to start on time)*

##### **1.) ONLINE REGISTRATION**

- Visit [www.newingtonathletics.com](http://www.newingtonathletics.com) and click on the "Registration" tab at the top.
- Click on "Fall Sport Online Registration," which will direct you to the online registration.
- The online registration is complete when you click the blue "Submit" button on the last page.
- **Any registrations received after August 6<sup>th</sup> or 20<sup>th</sup> may result in a late start.**
- Registration status can be found under the "Registration" tab on [www.newingtonathletics.com](http://www.newingtonathletics.com)

##### **2.) Physical:**

- To be eligible, student athletes must have a valid physical on file, dated after July 10, 2025, with the NHS nurses' office, by Thursday, August 6<sup>th</sup> for football & golf participation or by Thursday, August 20<sup>th</sup> for all other sports.  
**Physicals turned in after the deadline will result in a late start.**
- **Summer Sports Physicals:** Tuesday, August 4<sup>th</sup> from 8-11 at NHS in room 185

##### **3.) Participation Fee:**

- A check for **\$115.00 (One hundred and fifteen dollars)** made payable to: **Newington Athletic Fund**.
- Must be turned in to the Athletics Office by 8/6 or 8/20 depending on sport.
- Checks will be deposited after the first day of competition.

**If you have any questions or concerns, feel free to visit or call the athletic office (860)666-5611 x1620.**

# Newington High School Athletic Teams

## 2026 - 2027 School Year

### FALL SEASON (SUBJECT TO CHANGE)

*Fall sports begin Monday, August 24, 2026*

***Golf begins Monday, August 10, 2026 / Football begins Thursday, August 13, 2026***

Sport	Coach's Name	Contact Information	Meeting Date & Time	Location
Cross Country – Boys & Girls	Mrs. Jen Deschenes-Emord Mr. Jay Krusell	<a href="mailto:jen.deschenes@gmail.com">jen.deschenes@gmail.com</a> <a href="mailto:jaykrusell@yahoo.com">jaykrusell@yahoo.com</a>	Tuesday, June 9 <sup>th</sup> @ 2:30	Cafe
Cheerleading	Ms. Grace Mangiafico	<a href="mailto:gmangiafico04@gmail.com">gmangiafico04@gmail.com</a>	Monday, June 8 <sup>th</sup> @ 2:30	Cafe
Field Hockey	Mrs. Veronica Grubin	<a href="mailto:vugrubin@gmail.com">vugrubin@gmail.com</a>	Tuesday, June 9 <sup>th</sup> @ 2:30	Cafe
Football	Mr. John Acquavita	<a href="mailto:jacquavita@npsct.org">jacquavita@npsct.org</a>	Thursday, June 4 <sup>th</sup> @ 6pm	Cafe
Golf - Boys	Mr. Mitchell Egazarian	<a href="mailto:megazarian@npsct.org">megazarian@npsct.org</a>	Thursday, June 11 <sup>th</sup> @ 2:30	RM. 202
Soccer – Boys	Mr. Jeff Brunetti	<a href="mailto:jbrunetti2@npsct.org">jbrunetti2@npsct.org</a>	Thursday, June 11 <sup>th</sup> @ 2:30	RM. 307
Soccer – Girls	Mr. Adam Wilkinson	<a href="mailto:adamwilkinson04@gmail.com">adamwilkinson04@gmail.com</a>	Wednesday, June 10 <sup>th</sup> @ 2:45	Cafe
Swimming & Diving – Girls	Ms. Crystal Connery	<a href="mailto:cconnery13@gmail.com">cconnery13@gmail.com</a>	Wednesday, June 10 <sup>th</sup> @ 3:30	<a href="#">Pool Balcony</a>
Volleyball – Girls	Mr. Kade Van Linter	<a href="mailto:kade.vanlinter@gmail.com">kade.vanlinter@gmail.com</a>	Thursday, June 4 <sup>th</sup> @ 2:30	Cafe

