



NEWINGTON HIGH SCHOOL ATHLETICS

SPRING SPORT REGISTRATION

Spring sports begin Monday, March 27, 2021

WHAT DO I NEED TO DO?

➤ **CHECK YOUR ELIGIBILITY**

1.) Academic Eligibility:

- Student-athletes must have passed **FOUR (4)** classes that earn a quarter credit during the second quarter.

2.) Physical Eligibility:

- For a spring sport, a physical must be from February 27, 2020 or more recent **and** be on file with the NHS nurse prior to Thursday, March 25th.
- You must use the State of Connecticut Health Assessment Record 'HAR-3 Rev. 4/2012' (blue form) for a physical. It is available in the NHS main office, NHS nurses' office, your doctor's office, or on the Newington Athletics website.
- The physician must 'check' the box on that blue form that states, "This student may participate fully in athletic activities and competitive sports."

NHS Sport Physicals:

Newington High School offers sport physicals in the nurses' office, if you do not have health insurance or are otherwise unable to get a physical from your own provider. Student must have written parent permission with them the day of the physical in order for it to be performed.

- Physical Date: 3/23/2021
- Students must sign up in the nurses' office by 3/16/2021

I AM ELIGIBLE, WHAT'S NEXT?

➤ **ALL 3 ITEMS BELOW MUST BE COMPLETED BETWEEN March 1- MARCH 25, 2021**

1.) ONLINE REGISTRATION

- Visit www.newingtonathletics.com and click on the "Registration" tab at the top.
- Click on "Spring Sport Online Registration", which will direct you to the online registration.
- The online registration is complete when you click the blue "Submit" button on the last page.
- **Any registrations received after Thursday, March 25th will result in a late start.**
- Registration status can be found under the "Registration" tab on www.newingtonathletics.com

2.) Physical:

- To be eligible, student athletes must have a valid physical **on file with the NHS nurses' office**, dated after February 27, 2020, by 12 pm, on March 25th.

3.) Participation Fee:

- A check for \$100.00* (one hundred dollars) made payable to: *Newington Athletic Fund*
- Must be turned in to the Athletic Office by March 25th to start on time. **Fees turned in after the deadline will result in a late start.**
- Student-athletes who paid a participation fee in the fall **and** winter will have the participation fee waived for the spring sport. **PLEASE SUBMIT A 3RD SPORT WAIVER**
- If student does not appear on regular season roster, checks will be shredded.
- Checks will be deposited after the first day of competition.







Please see reverse side of this paper for information on pre-season sport meetings held by each coach. If you have any questions or concerns, feel free to visit or call the athletic office (860)666-5611 x1620.

Newington High School Athletic Teams

2020-2021 School Year

SPRING SEASON

Spring sports begin Monday, March 27, 2021

| Sport | Coach's Name | Contact Information | Meeting Date | Time | Location |
|--|--|--|------------------|--------------------|---|
| Baseball <i>(Pitchers & Catchers begin March 14th)</i> | Mr. Ben Alaimo | balaimo@npsct.org | Wednesday, 3/3 | 1:45 pm |  |
| Golf – Girls & Boys | Mr. Rich Condon & Mr. Jayson Barbarotta | Condon_Richard_L@sbcglobal.net ; jbarbarotta@npsct.org | G: 3/1 B: 3/3 | 2:30 pm 3:00 pm | B:  G:  |
| Lacrosse – Boys | Mr. Zach Zarookian | zzarookian@gmail.com | Thursday, 3/4 | 3:00 pm |  |
| Lacrosse – Girls | TBA | TBA | Wednesday, 3/3 | 2:30 pm |  |
| Softball | Mr. Steve Markie | smarkie@npsct.org | Tuesday, 3/2 | 3:15 pm |  |
| Tennis – Boys | Mr. Don Lukowski | donL7533@aol.com | Tuesday, 3/2 | 7:00 pm |  |
| Tennis – Girls | Mr. Sean Hussey | reedbuilders@att.net | Wednesday, 3/3 | 7:00 pm |  |
| Track – Boys | Mr. Alex Joseph | alexjr1214@yahoo.com | Thursday, 3/4 | 7:00 pm |  |
| Track – Girls | Mrs. Jen Deschenes- Emord | jen.deschenes@gmail.com | Thursday, 3/4 | 7:00 pm |  |
| Volleyball – Boys | Mr. Curt Burns | curtburns@att.net | Monday, 3/1 | 3:00 pm |  |